



Courageous Leadership

The Spark Success Courageous Leadership Program provides a strong foundation for building the courage you need as a leader.

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This program provides a unique blend of:

1. Spark Success values-centred leadership approach, leadership based on what is important to you and which supports leading successfully in quickly changing times. This includes the Barrett Leader Self-Assessment.

2. Mental fitness – It's the best predictor of how happy you are and how well you perform relative to your potential. It increases your capacity to handle challenges with a positive rather than a negative mindset, and achieve peak performance, peace of mind, and healthy relationships. This is the 6-week Positive Intelligence flagship program.

3. Concepts from Dare to Lead – Based on the research of Dr. Brené Brown, Dare to Lead™ is an empirically based courage-building program designed to be facilitated by organizational development professionals.

The most significant finding from Brené's latest research is that courage is a collection of four skill sets that are teachable, measurable, and observable.

Further information is available at daretolead.brenebrown.com

- Courage is the core of leadership
- It takes courage to develop and consistently apply the practice of our values and leadership competences as we navigate in our complex and quickly changing times
- Often we know what would support our leadership, but we are not quite sure how to apply our knowledge effectively
- Support and accountability that are essential when trying new things, and a professional Coach can ease you through that journey

Duration: 3 months

Process (contact us for team/group offerings):

1. Book Exploration Call

2. Complete Program Agreement and Welcome Package

3. Get started!

4. Includes:

- Welcome Package,
- 2, 55-minute sessions on Values & Purpose – values based on the Barrett Leader Self-Assessment (360 version available at extra cost),
- 6-week Mental Fitness Program (PQ) with weekly 30-minute, check ins, and
- 2, 55-minute coaching sessions held every 2 weeks bringing together values and purpose-based leadership, PQ, and concepts from Dare to Lead tailored to your coaching goals



You are a leader who wants to confidently lead from a solid foundation.